

Dan The Man

Name: Dan The Man

Gallery:

CIRCADIAN CIRCUS

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Audio:

Bio:

Record Label

**Bright Antenna
Records. [www.bright
antenna.com](http://www.brightantenna.com)**

About

'Circadian Circus' is the second solo album from Daniel Haggis, aka Dan The Man, drummer and multi-instrumentalist in the Liverpool band, The Wombats. It was written mostly in between Liverpool and Paris, performed and self-produced by Dan, recorded and co-produced by Rob Whiteley (Clinic, The Night Cafe, The Wombats) and mastered by Greg

**Calbi (The National,
Tame Impala,
Father John Misty).**

**Here's what Dan has
to say about it:**

**'Circadian Circus' is
a collection of songs
from the past 4
years that made the
enigmatic,
inexplicable journey
from my
subconscious and
needed a place to
rest. It's an album
of acceptance, of
coming to terms
with things we can't
always control.**

**I spend most of my
time playing drums,
keys and making
warbling sounds in
The Wombats. Over
the last few years,**

whenever we weren't recording or I had a few days off tour, I would go into the studio in Liverpool and work on ideas I had lying around on my phone or computer, and gradually this album emerged.

Songs often have an interesting way of reflecting the life of the person writing them. They are sonic sieves , filtering thoughts and feelings that sometimes you didn't even know you had. The process can be like having a consultation with a

**therapist or a
conversation with a
good friend,
cathartic and
revelatory.**

**Thank the Chief
Fairy at the bottom
of the garden, I've
not experienced too
many deaths in my
life, but over the
past few years a
couple of people
very close to me
have passed away.
Both were drawn
out, traumatic, sad
experiences, and
this inevitably leads
to questions
surrounding one's
own mortality. I
don't think anyone
has the answer for
how to deal with
these parts of life
but, for me, music is**

**the place I can just
about make sense of
the world.**

**The world is a
strange place.**

**Certain people,
organizations and
media outlets seem
to delight in
spreading their
negative, hate filled
version of the world
to as many people as
possible.**

**Our screens and
minds (almost one
homogenous thing
these days!) are
continuously
bombed with
stories and images
of war, refugees
with nowhere to go,
child abuse, climate
change,
preposterous and**

**unnecessary
amounts of plastic
in the oceans... the
list could go on for
way longer than any
of us would want of
the problems and
injustices in the
world.**

Sometimes it's just too much to take in. Sometimes you can't be the best lover or friend because you've no space or energy left to even be the best version of yourself.

Again, when the valve starts to go, I usually find myself at a piano, guitar or in the studio trying to find the words, melodies and sounds that relieve some of the pressure and usually, everything feels a little better in my head, just for a moment, and I remember the world is also a beautiful, awe inspiring place.

There is hope everywhere. People

are continually doing amazing things, fighting for what they believe in and trying to leave the planet and all those who share it better off than it was before they were born. There's always more to do, more to learn, ways to improve.

'Circadian Circus' came from this head-on car crash of the negative and the beautiful that we all encounter.

As Don Quixote said, '...and maddest of all: to see life as it is, and not as it should be!'

Well that's more than enough rambling from me. Really hope you enjoy it...

General manager

Simon Bobbett, simon@sb-management.com

Press contact

Scott Schumaker,

**scott@brightantenn
a.com**

